



A Touchstone Energy® Cooperative 

**LACREEK ELECTRIC**  
**DECEMBER 2022 VOL. 23 NO. 8**

# COOPERATIVE CONNECTIONS



## Little cars, big smiles

**Smile makers build  
Toys for God's Kids**  
Pages 8-9

**Treatment center  
changes young lives**  
Pages 12-13



Asher Smith plays with a few  
of the thousands of small  
wooden cars built each year  
by Toys for God's Kids

# Five ways to fight the winter chill and save energy



**Josh Fanning**  
General Manager

We all have our favorite season. Some people love crisp, cool weather and bundling up under a favorite blanket, while others prefer the warm temperatures summer brings and all fun outdoor activities that go with it.

But there's one thing we can all agree on: high winter bills are never fun. Lacrek Electric is here to help you find ways to manage your home energy use and keep winter bills in check.

Here are five tips to help increase your home's energy efficiency this winter:

1. Mind the thermostat. This is one of the easiest ways to manage your home energy use. We recommend setting your thermostat to 68 degrees (or lower) when you're home. When you're sleeping or away for an extended period of time, try setting it between 58 and 62 degrees; there's no need to heat your home when you're away or sleeping and less active.
2. Button up your home. The Department of Energy estimates that air leaks account for 24 percent to 40 percent of the energy used

for heating and cooling a home. Caulking and weather stripping around windows and doors is another simple, cost-effective way to increase comfort and save energy. If you can feel drafts while standing near a window or door, it likely needs to be sealed.

3. Use window coverings wisely. Open blinds, drapes or other window coverings during the day to allow natural sunlight in to warm your home. Close them at night to keep the cold, drafty air out. If you feel cold air around windows, consider hanging curtains or drapes in a thicker material; heavier window coverings can make a significant difference in blocking cold outdoor air.
4. Consider your approach to appliance use. When combined, appliances and electronics account for a significant chunk of our home energy use, so assess how efficiently you're using them. For example, if you're running the dishwasher or clothes washer, only wash full loads. Look for electronic devices that consume energy even when they're not in use, like phone chargers or game consoles. Every little bit helps, so unplug them to save energy.
5. Think outside the box. If you're still feeling chilly at home, think of other ways to warm up – beyond dialing up the thermostat. Add layers of clothing, wear thick socks and bundle up under blankets. You can even add layers to your home! If you have hard-surface flooring, consider purchasing an area rug to block cold air that leaks in through the floor.

If you're taking steps to save energy but continue to see major increases in your bills, give us a call at 605-685-6581. Lacrek Electric's energy experts can help identify areas and other factors impacting your home energy use and recommend next steps for savings.

Winter months often bring some of the highest energy bills of the year. By being proactive about saving energy, you can increase the comfort of your home and reduce monthly bills.



## COOPERATIVE CONNECTIONS

### LACREEK ELECTRIC

(USPS No. 018-912)

#### Board of Directors

Wade Risse – President  
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Scott Larson – Neal Livermont  
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Tee Allen – Les Cuny – Kody Hagen – Matthew Kruid  
– Trace Scott  
Journeyman Electrician: Roy Guptill  
Warehouse Man: Cody Larson  
Maintenance Man: Justin Smokov

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# September 2022 Board Meeting Minutes

The regular meeting of the board of directors of Lacreek Electric Association, Inc. was held in the office of the cooperative, located in the Town of Martin, S.D., on Sept. 20, 2022, beginning at 4 p.m.

The meeting was then called to order by President Wade Risse and the following directors were present: Brent Ireland, Clarence Allen, Scott Larson, Connie Whirlwind Horse, Marion Schultz, Tom Schlack, Cole Lange, Jerry Sharp, Troy Kuxhaus, Donovan Young Man, and Clifford Lafferty. Also present: General Manager Josh Fanning, Finance Manager Anna Haynes, Administrative Assistant Ashley Turgeon, Operations Manager Mike Pisha, Office Manager Tracie Hahn, and Work Order/Staff Assistant Sherry Bakley. Attending via WebEx were Neal Livermont and Member Services/IT Jessica Cook.

The Pledge of Allegiance was led by President Wade Risse.

A motion was made, seconded, and carried to approve Administrative Assistant Ashley Turgeon to record the board minutes.

A motion was made, seconded, and carried to approve the August 2022 Board Minutes.

A motion was made, seconded, and carried to accept the Operating Report for July that was presented by Finance Manager Anna Haynes.

A motion was made, seconded, and carried to approve the checks and disbursements for August and the checks ran from number 77930 to 78036 along with the electronic checks which ran from 3990 to 4025 (Brent “chairman”, Donovan, and Connie). The September Check Audit Committee will be (Jerry “chairman”, Marion, and Neal).

A motion was made, seconded, and carried to accept the August Analysis of Investments that was presented by Finance Manager Anna Haynes.

A motion was made, seconded, and carried to approve the list of new

members.

Jessica reported on the new advertisement promoting pre-paid billing in the October issue of *Cooperative Connections*; participation in Little Wound School's Homecoming; the successful irrigation season; and the “Maintaining Rates through Inflation” article in the *Cooperative Connections*.

Mike reported on the 2022 reject poles; work in progress; plans for the Bennett County hospital upgrade; on the Federated Claim; that tree trimming has been delayed; and that the bucket truck has been delivered.

Mike gave the safety report.

Tom reported on the Rushmore Board meeting he attended.

Josh reported on Rushmore still working on the cameras for outside the building; on the SPP tour; RUS Loan; the FEMA mitigation project from Wounded Knee to Manderson; and that Lacreek was asked to co-host along with West Central Electric and Cherry Todd Electric the 2024 Charity Ride.

Discussion was held on the Basin Preliminary 2023 Load Forecast with a motion being made, seconded and carried to approve the forecast.

Other information included an article on California's electricity woes and an article about the Inflation Reduction Act to help American Indian communities with climate resiliency, home electrification, drought relief, and clean energy initiatives. No further business was brought before the board and the meeting was adjourned. The next board meeting will be held on Oct. 18, 2022, at 1 p.m.

#### WE WILL BE CLOSED:

November 24<sup>th</sup> and 25<sup>th</sup>

December 23<sup>rd</sup> and 26<sup>th</sup>

January 2<sup>nd</sup>





# Deck your halls with home safety in mind

It's time to deck those halls - safely. More than 800 home fires are caused by holiday decorations each year, according to the National Fire Protection Association.

An additional 170 home fires are caused by Christmas trees each year. Keep these tips in mind for a safe holiday season:

- Carefully inspect all electrical decorations before you use them. Cracked or damaged sockets and loose or exposed wires can cause serious shock or start a fire.
- Make sure all extension cords and electrical decorations are being used properly - indoor-rated cords indoors, outdoor-rated cords for outside decorations.
- Inspect extension cords for damage and discard (not repair) any that are not completely intact.
- Never mount or support light strings in a way that might damage the cord's insulation.
- Outdoor electrical lights and decorations should be plugged into circuits protected by ground-fault circuit interrupters.
- Exercise caution when decorating near power lines. Keep yourself and your ladder at least 10 feet from power lines.
- Turn off all indoor and outdoor electrical decorations before leaving home or going to sleep.
- Avoid overloading electrical outlets with too many decorations or electrical devices. They can overheat and cause a fire.
- Never connect more than three strings of incandescent lights together.
- Water your Christmas tree daily.
- Keep all decorations at least 3 feet away from heating equipment.
- Avoid using candles. The flames are just too dangerous with all the flammable decorations around.
- Purchase electrical decorations from reputable retailers and that are approved by a nationally recognized testing lab such as UL, Intertek or CSA.

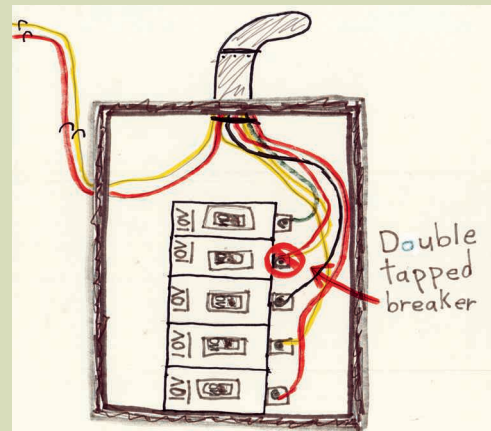


## A NEW TEACHING TOOL FOR SOLAR POWER EDUCATION



Rushmore Electric and Touchstone Energy have joined together to construct a demo trailer designed to teach co-op members across the state more about how solar power functions. The trailer is equipped with fold-out collection panels and also battery storage capability. Co-op energy experts use the trailer to frame discussions about net metering, interconnection agreements and more.

To see a video of the trailer and learn more about how electric cooperatives serve our members, visit Cooperative Connections Plus by scanning the QR code at right.



## Don't play on transformer boxes

### Olaf Sahlstrom

Olaf Sahlstrom, 9, shares a tip he learned from his parents, Ben and Naomi Sahlstrom: Double-tapped breakers are unsafe and can lead to overheating, arcing, and electrical fires. The Sahlstroms reside in Tracy, MN and are members of Lyon-Lincoln Electric Cooperative.

Kids, send your drawing with an electrical safety tip to your local electric cooperative (address found on Page 3). If your poster is published, you'll receive a prize. All entries must include your name, age, mailing address and the names of your parents. Colored drawings are encouraged.

# CHRISTMAS DESSERTS

## PEANUT BUTTER PIE

### Ingredients:

1 heaping c. peanut butter  
1 8 oz. pkg. cream cheese  
(softened)  
1 8 oz. tub cool whip (thawed)  
1/2 c. milk  
2 c. powdered sugar graham  
cracker pie crust (prepared)  
Crushed Butterfingers or Reeses  
for garnish

### METHOD

Thoroughly mix peanut butter and cream cheese. Add 1/2 cup milk and slowly add 2 cups powdered sugar. Mix well. Fold in cool whip. Put in a prepared graham cracker crust. Makes two 9" pies or one 10" pie with a little extra. Top with crushed candy. Place in freezer until frozen. Remove from freezer 10 minutes before serving.

**Elaine Rieck, Harrisburg**

## HOLIDAY HOT CHOCOLATE

### Ingredients:

8 qt. box powdered milk  
1 lb. can Nestles Cocoa Mix  
7-8 oz. jar powdered creamer  
3 c. powdered sugar  
1/3 c. cocoa

### METHOD

Mix in order given in large bowl. Put in air tight container. Use 1/4 cup mix per cup of hot water. Makes about 16-cup mix.

**Phyllis Niemann, Clear Lake**

## MOM'S CHRISTMAS DESSERT

### Ingredients:

2-1/2 c. Rice Krispies  
1/2 c. light brown sugar  
1 c. slivered almonds or toasted  
nut meats  
1/2 c. butter, melted  
1/2 gal. vanilla ice cream  
1 can pie cherries  
1/2 tsp. almond flavoring

### METHOD

Mix first four ingredients together. Spread half mixture in a 9x13 pan evenly. Cut and press vanilla ice cream on top and spread remaining mixture on top. Freeze. When ready to serve, stir pie filling and almond flavoring together and heat on stove top or microwave and use for topping individual pieces.

**Patty Sinning, Lennox**

## GINGERBREAD KISSED THUMBPRINT COOKIES

### Ingredients:

3 c. flour  
2 tsp. ground ginger  
1 tsp. ground cinnamon  
1 tsp. baking soda  
1/4 tsp. ground nutmeg  
1/4 tsp. salt  
3/4 c. (1-1/2 sticks) butter,  
softened  
3/4 c. firmly packed brown sugar  
1/2 c. molasses  
1 egg  
1 tsp. pure vanilla extract  
1/4 c. granulated sugar  
60 milk chocolate kisses

### METHOD

Mix flour, ginger, cinnamon, baking soda, nutmeg and salt in large bowl. Set aside. Beat butter and brown sugar in large bowl with electric mixer on medium until light and fluffy. Add molasses, egg and vanilla; mix well. Gradually beat in flour mixture on low speed until well mixed. Press dough into a thick flat disk. Wrap in plastic wrap. Refrigerate 4 hours or overnight. Preheat oven to 350°F. Shape dough into 1-inch balls. Roll in granulated sugar to coat. Place 2 inches apart on ungreased baking sheets. Bake 8-10 minutes or until edges of cookies begin to brown. Immediately press a chocolate candy into center of each cookie. Remove to wire racks; cool completely. Store cookies in airtight container up to 5 days.

**mccormick.com**

Please send your favorite recipes to your local electric cooperative (address found on Page 3). Each recipe printed will be entered into a drawing for a prize in December 2022. All entries must include your name, mailing address, phone number and cooperative name.

# Q: How can I keep my home warm while saving on my electric bill this winter?

A: Winterizing is an important step to keep your home cozy and your bills low. These tried-and-true methods will ensure your home is sealed tight and ready for colder weather. I've also included tips that address common misconceptions.

### INSULATING PIPES AND WATER HEATER

You can raise the water temperature inside your home's water pipes by 2 to 4 degrees by insulating, according to the U.S. Department of Energy (DOE). Insulating allows you to turn down the heat on your water heater, saving energy and money.

Start by insulating the pipes coming out of your water heater. If you have a gas water heater, keep pipe insulation at least 6 inches away from the flue. Insulate hot and cold water lines. The latter can prevent condensation and freezing pipes. Insulating your water heater can save 7% to 16% on water-heating costs, DOE says. Insulation kits are available at hardware stores. Don't obstruct the pressure relief valve, thermostats or access valves.

### AIR SEALING

Air sealing and insulation are a great combination for minimizing home energy use. Insulation is like a warm sweater for your home, and air sealing is the wind breaker. All the cracks, gaps and holes in a home can be like having a window open year-round. Air sealing eliminates those leaks. It can be done as a do-it-yourself project or by a professional.

### WINDOW SEALING AND IMPROVEMENTS

Windows can be a source of drafts and wasted energy. Close windows tightly.

Add weatherstripping around windows to prevent warm air from escaping your home and caulk the gaps where the window trim meets the wall and the window frame. Add curtains to make the room feel warmer.

Storm windows are a lower-cost option for upgrading single-pane windows. They are available with low-emissivity coatings, which insulate better, and are available for installation either from the inside or outside of the window.



**Miranda Boutelle**  
Efficiency Services  
Group

### FIREPLACE DAMPERS

When I was little, my dad told me it was too cold to have a fire. I remember thinking that made no sense, but he was right.

We had an open, wood-burning fireplace—not a wood stove. A fireplace can draw the warm air out of the house, cooling it down or causing your heating system to use more energy.

Your fireplace adds ambiance to your home but isn't necessarily effective at heating it. If you have a wood-burning fireplace, close the damper when your fire is extinguished. An open damper in the winter is an easy exit for the air you paid to heat.

Adding tempered glass doors to a wood-burning fireplace can create an extra buffer between the cold outside and a cozy living space.

Some gas fireplaces require a damper to remain permanently open so gas can vent out of the home. Check the specifications of your unit to ensure safe operation.

### BEST PRACTICES FOR CLOSING OFF PARTS OF A HOME

Through the years, I have heard a lot of debate about closing off rooms or parts of the home to save energy.

Best practices come down to the type of heat source. If you have a zonal heating system, where individual areas are controlled separately, you can close doors and only heat the areas you use. Examples of zonal systems are wall heaters, baseboard heat, hydronic radiant heat, radiators and ductless heat pumps, also called mini-splits.

Keep areas with plumbing or water lines warm enough so pipes do not freeze.

If you have a central forced-air heating system, leave doors open to all heated areas. Closing doors and/or register dampers forces the system to work harder, uses more energy and can shorten the life of heating equipment.

### CHECK YOUR FILTERS

Maintaining a clean filter in your furnace is one of the best ways to keep it running efficiently and prevent costly repairs. Check your furnace or ductless heat pump filter monthly during peak heating season.



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# The Clauses share stories of Christmas seasons past

Billy Gibson

[billy.gibson@sdrea.coop](mailto:billy.gibson@sdrea.coop)

If you want to be a big-time Santa, it's all about the beard.

These days, there's no place in the department store Santa scene for spurious scruff. Don't even try faking it. The kids can spot a fraud from halfway across the food court.

Sporting a convincing set of whiskers is how Curt Winquist scored a serious prime-time Santa gig more than 10 years ago.

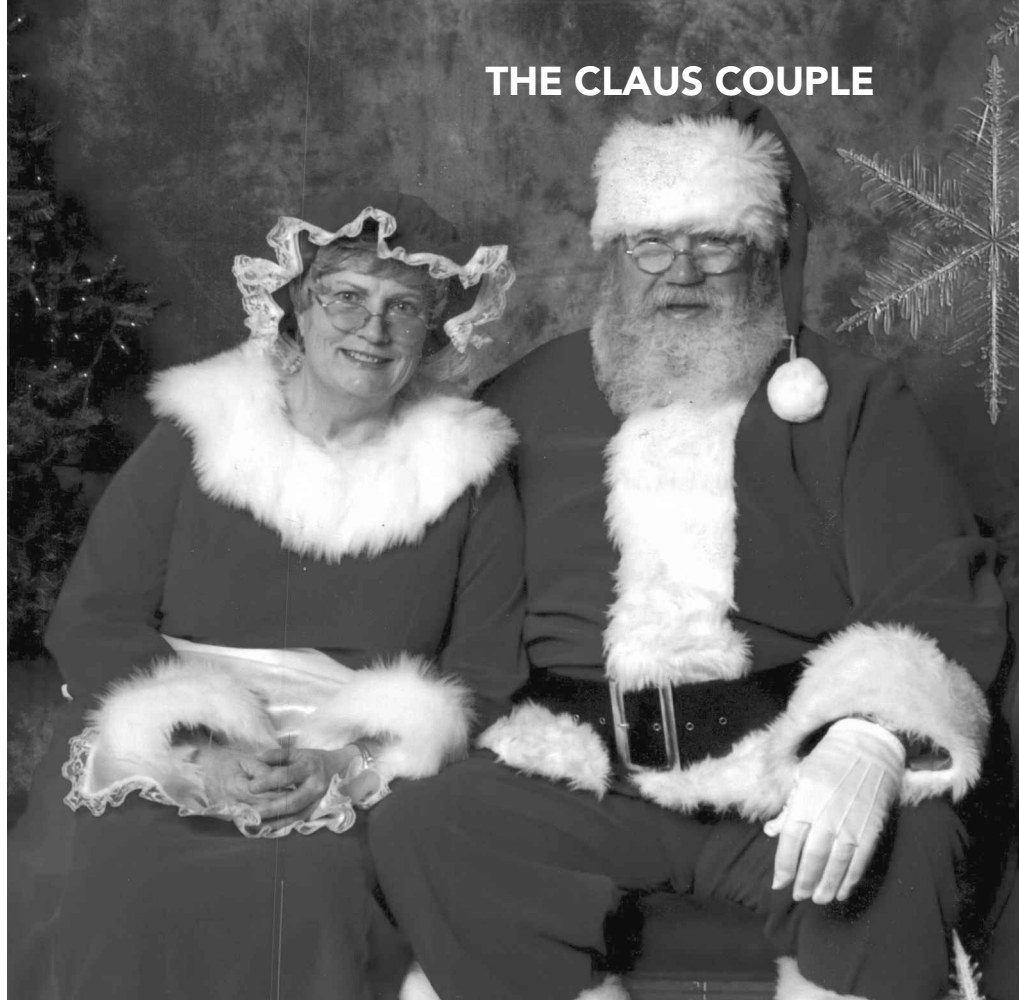
He always dressed up as Santa Claus each Christmas to entertain local kids using the same homemade suit that his dad donned before him. But as it often happens with middle aged men and their suits, this one started shrinking and getting appreciably tighter...especially around the mid-section.

So, Winquist found himself shopping for a new suit at a costume store in Sioux Falls when he was approached by a stranger who just so happened to be connected with a photography company. She took one look at the humble farmer from Alcester and told him he was about to join the top ranks as a "professional department store Santa."

"I told her I only knew how to farm and milk cows," Winquist recalled. "She put my name on the standby list and later I got a call. They said a Santa at a mall in Connecticut had a heart attack and died and they needed someone right away. I didn't even have time to get ready. It was on-the-job training."

He soon found himself being flown to the Brass Mill Center located in Waterbury, CT. For the next 38 days, he played Santa for upwards of 14,000 kids, some of whom only met with failure when they tried to yank off his beard.

Winquist, who is a member of Union



THE CLAUS COUPLE

Carla and Curt Winquist of Alcester enjoy entertaining hundreds of children each holiday season.

County Electric while his son is a lineman at Southeastern Electric, spent the next six years traveling to Waterbury each Christmas season. The company he worked for put him up in the local Hilton and provided a security team each morning as he made his way to breakfast in the hotel restaurant and then off to the mall. It was strongly suggested that he not leave the hotel for any other reason lest he be spotted by mall patrons and his identity revealed.

Even his wife, Carla, got in on the act and served as Mrs. Claus for several seasons. The Connecticut gig ended in 2017, and these days the two are seen at smaller and more private venues such as day care centers, nursing homes, birthday parties and schools.

Along the way, the Winquists discovered that portraying Santa and Mrs. Claus doesn't always come with lots of laughter and bellies that shake like jelly.

Especially in December of 2012. That's the year, just three weeks before Christmas, that 26 people were shot and killed at Sandy Hook Elementary in Newtown, CT. The massacre occurred just 20 miles from the mall where Winquist worked each season.

Winquist found himself having to take the service elevator and exit through the back door to evade kids in the hotel lobby.

"There were families of the victims who were staying at the hotel and they were upset and crying and we didn't want the kids to see Santa walking through the lobby in that situation when they were heading out to funerals," he said. "It was just horrible because there was such grief, but then there were people who had no connection to the killings and they just wanted things to be normal. I had to switch my mind on and off. You just want to make the kids and the families feel better."

The Winquists have reams of stories to tell from the past as they continue their roles as the Claus couple from the North Pole. In fact, they've written a book about their experiences entitled "Santa's Christmas Diary," which is available on Amazon.

"It has been a big thrill for us. We work pretty well together as a team," Curt said. "She does a good job of calming kids down when they get nervous about sitting on Santa's lap, or if the lines get long and the kids start getting antsy. I love Mrs. Claus!"



LeRoy Iedema, Richard Ringling and Duane Strand crank out nearly 60,000 toy cars each year from their 12x10-foot workshop in Platte.  
Photo by Billy Gibson

## Duane Strand gets lots of 'smileage' out of making toy cars for children

**Billy Gibson**

editor@sdrea.coop

Frustrated moms across the ages have been searching for a surefire method for getting an unruly child to simmer down.

Duane Strand is pretty sure he's found a failsafe solution: toy cars.

Several years ago, Strand began building tiny wooden cars in his nondescript backyard shed in Platte. He recalls visiting Pierre one evening and having dinner at a local restaurant when a young boy suddenly started pitching a fit and hollering at the top of his lungs.

Strand just happened to have one of the cars in his pocket. He reached out and handed it to the child and was rather amazed at the result. Not only did the whining stop forthwith, but that boy's frown turned upside down as the

kid started beaming from ear to ear.

"He quit yelling right then and there. His whole attitude changed," Strand recalls. "These cars really have a soothing effect on the kids."

That's the impact Strand is shooting for as he and his three-man team of retirees crank out nearly 60,000 toy cars each year. They're looking to squeeze all the "smileage" they can get out of the toy cars they build.

The main construction crew includes retired farmer Richard Ringling and retired mechanic LeRoy Iedema. Ringling usually works the drill press to create holes in the wood where the axles will go. Then Iedema follows up by pressing the wheels onto the axles. He came up with a way to make sure the wheels roll straight and stay in place and dares anyone to try and pull off a wheel.

There are others who join in the

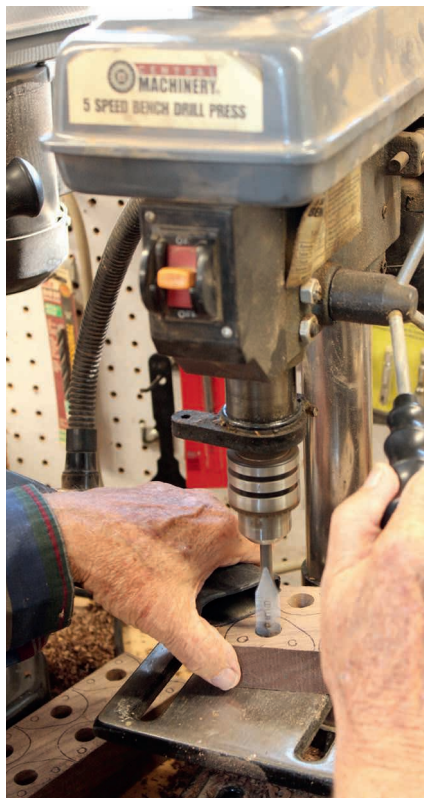
process: Justin Kok cuts the wood into manageable blocks; Brett Wynia performs repairs on the drill presses, band saws, sanders, routers and other pieces of equipment when they break down; and Curtis Versteeg helps to sand down the rough surfaces on the cars.



Toy cars are distributed by military personnel serving overseas.

And just down the road from the shop is the Platte Lumber Yard, where many of the material supplies are stored until needed for production. Strand said it was the folks down at the lumber yard who initiated the vital connection with





Dustin Knutson of Boyds Hardwood Gunstock supplies the toy makers with the laminated wood used to create the tiny cars (inset) for worldwide distribution. *Photo by Billy Gibson*

Boyds Hardwood Gunstock that keeps the operation humming along.

“Without Boyds we wouldn’t be able to do any of this,” Strand said.

Dustin Knutson, a member of Central Electric Cooperative and part owner of the company that bills itself as the largest after-market gun stock maker in the world, is a Shriner with a heart for community service and said he was all-in when Strand approached him about supporting the program by supplying excess wood.

“They’re really easy to work with,” he said, noting that he keeps one of the cars on his desk. “They take whatever they can get and they show up consistently. We started saving off-cut blocks of wood specifically for the cars. The laminated wood works well because it’s colorful and looks good and the kids can pick out their favorite one.”

Strand’s distribution system is a bit scatter shot but he still manages to send them all over the globe. Anyone he knows who is planning a trip gets a supply of cars. Knutson, for instance, takes them with him when he travels for business or pleasure, whether vacationing in Mexico or hunting in Africa.

“People in America may think these are just simple toys, but I’ve been in parts of the world where a toy for a kid is a stick and a rock,” Knutson said. “But these little cars give kids something to smile about. Duane and his guys are just beautiful people doing good things for the good of humanity and we’re happy to help them any way we can.”

The toys also ride along in ambulances, military satchels and police vehicles in the event a child needs to be calmed. They show up in doctor’s offices, churches and other venues.

The operation is affiliated with a group called Toys for God’s Kids, a non-denominational organization based in Denver. Strand is the only affiliated “smile maker” in South Dakota.

While the three-man crew claims they’re working harder than they used to before retiring, Iedema assigns a greater value to his toil beyond the opportunity to put a smile on a kid’s face. He said his heart doctor has informed him that he’s in better shape than before he started woodworking three years ago. He’s slimmer, more active and feels a lot better.

Strand chips in, “...yeah, and he’s



more ornery than ever, too!”

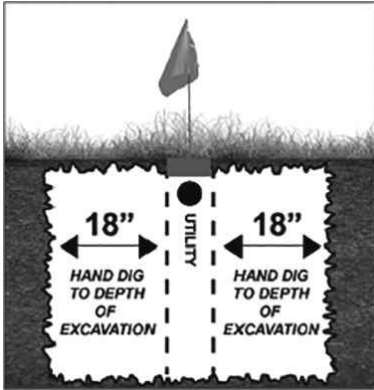
Collectively, the guys crank out about 250 cars a day scrunched inside the 12 x 10-foot shed. Each unit has to be dipped in linseed oil to protect children from any potential toxicity. The toys are boxed and shipped to their destination at the recipient’s expense.

Strand doesn’t know how much longer he’s going to be able to keep cranking out cars. He’ll reach the age of 90 in a few months and his friend Ringling has a plan: “I told him when he turns 90 we’re going to take him up by the interstate and take a picture underneath the sign that says I-90. Get it?”

# Planning on digging? You need a locate...

People are always poking all kinds of holes in the ground. New trees, shrubs, fence posts, mailboxes, foundations or basements.

If your outdoor projects call for some digging, even as shallow as one foot deep, you need to know what is under the ground first. It could be only a few earthworms or it could



be a buried utility line energized with 220 volts or more of electricity.

Before you dig, think about safety first. By state law, you must call South Dakota One Call at 811 at least 72 hours prior to digging. If you would rather you can submit a request online at SD One Call. Lacreek

Electric Association, Inc. and other utilities in the area will be notified of your plans and send crews out to locate and mark any underground wires.

Calling South Dakota One Call at 811 could save your life or prevent an outage.

Lacreek Electric puts safety first! In the rural area we live in we have many consumers with personal power lines buried as well. Even though they are not Lacreek's lines, don't hesitate to call. Sure, we do charge an hourly rate to locate your personal lines, but we are more than happy to locate your underground to keep our members safe!

Power lines owned by Lacreek Electric are located free of charge.

Personal power lines can also be located by Lacreek at an hourly rate that will be charged to your account.



## Christmas Safety Tip

Christmas lights are beautiful and can make your home look more festive during the holiday season. However, these decorations need to be handled with care. Let's discuss some important holiday electrical safety tips.

**Look for the UL Label Before Buying Lights** You should always examine the labels of your Christmas lights before buying them. Your lights should be tested and verified by Underwriters Laboratories because they ensure that products meet strict safety requirements. 273100101

A set of indoor/outdoor lights will have a red sticker on the cord, while a set of indoor lights will have a green holographic sticker. Pay Attention to Extension Cord Wattage Ratings As the top electrical service provider and emergency plumber in our local

area, we recommend distributing your Christmas light strands among multiple extension cords. Check the wattage rating of your extension cord; the combined wattage rating of the lights plugged into the extension cord must not exceed this wattage rating.

**Check Your Lights Before Using Them** Before you plug in your lights for the holidays, you need to make sure that they're working properly. Check if all the lights

turn on. If they don't, unplug the light strand and replace any bulbs that aren't working. You should also look for cracked cords and frayed wires. These are safety issues, so if you find any, you should throw the damaged light strand out.







# What is the facility charge?

When some customers think of paying their electric bill, they may tend to think of the cost in kilowatt hours. However, there is more involved in the cost than just the kilowatt hours used.

The Facility Charge incorporates the cost of supplying electricity to each customer and providing and maintaining equipment like poles, wire, meters and transformers.

Lacreek Electric has always felt as though it was more sustainable to break out the cost of maintaining the power to each and every service on our system, into a nonfluctuating monthly amount. This helps avoid one rate class subsidizing another and ensures that the cost to use Lacreek's electric distribution system

is evenly distributed among all its members.

This charge defrays the following costs:

- Power lines and substation equipment
- Billing and administration costs
- Maintenance
- Capacity to move and deliver power as needed

Customers are billed monthly for a Facility Charge in addition to the number of kilowatt hours used.

The idea behind the Facility Charge is to ensure that all customers, even those who use little or no electricity, pay for their fair portion of the costs needed just to provide electrical service.

## Find Your Account Number: It's Worth \$170!

A member's account number has been hidden somewhere in this newsletter. If you find your account number, call the office before **December 9, 2022**, and you will receive a \$170 credit on your next month's billing.

## Preventing Home Electrical Fires



Fire departments respond to an average of **46,700** home fires each year caused by electrical failure or malfunction.

According to the National Fire Protection Association (NFPA):

**Over a recent 4-year period...**

**30%**

happened in cold weather months (Nov. - Feb.)

**Fires caused** an estimated average of:



**390 Deaths**  
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# CHANGING YOUNG LIVES

The Great Plains Youth Regional Treatment Center near Mobridge is a place where at-risk youth can go to address their challenges with drug and alcohol abuse. *Photo by Roger Lawien*

## Treatment center helps young people get back on the right path

**Billy Gibson**

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It was a small compliment, but it meant everything to the young lady who wasn't quite accustomed to receiving positive reinforcement. A simple affirmation spoken softly and sincerely into her ear: "You're gorgeous, and you're worthy." And the tears began to flow.

The Indian Health Service Great Plains Youth Regional Treatment Center near Mobridge is a place where at-risk youth can go to address their challenges with drug and alcohol abuse and find the support they need to deal with difficult situations.

Acting Clinical Director Charita Dowdell remembers that encounter with the young woman.

"I tell all of our residents how gorgeous they are and that I see the beauty in them and who they are deep down inside," Dowdell said. "I told her she was worthy and that she had value,

and she just broke down. She told me that nobody had ever said that to her."

That's just one of the stories about how the treatment center's staff strive to change the lives of teens who enter the program. There are many others.

Program Director Lavon Booth has been involved with the residential program for 20 years, initially as an administrative officer when she started in 2002. She previously served at the Cheyenne River Service Unit in her hometown of Eagle Butte before starting at the YRTC.

She sees the transformation of residents captured in plain view during graduation ceremonies that take place when the 12-week session concludes.

"We're very fortunate to see the change that happens in our residents from the time they arrive until the time they graduate," she said. "We see them moving in a positive direction and at graduation we get to hear them speak intimately about what they've learned and you see how it all comes together.

They come in very shy and reserved, and they leave here carrying a more positive spirit and more confidence. It's really touching for us and very rewarding."

The treatment center is housed in the old Chief Gall Inn hotel on land leased from the Standing Rock tribe. Youth between the ages of 13 and 17 are referred through tribal alcohol programs, local schools, community service organizations and other agencies.

According to the center's mission statement, the program "is dedicated to promoting a healthy lifestyle restoring balance and harmony in mind, body and spirit to our American Indian youth and their families."

Dowdell said playing a role in watching that mission statement come true to life in the form of changed behaviors and more positive attitudes makes her know she's definitely making a profound difference.

One effective modality is a mentoring program where residents taking part in the rehabilitation process shepherd those who are just entering the facility. Not only do the incumbent residents show the newbies around the physical





The youth treatment center is located in the former Chief Gall Inn hotel near Mobridge. *Photo by Roger Lawien*

space, but they also listen to their concerns, answer questions and try to allay their fears that stem from living in a new environment with certain rules, guidelines and expectations.

“When they start feeling homesick or afraid or stressed and they just need someone near their age to talk to, it helps them make the adjustment so they can settle down and focus on what they need to do to make changes. That bond is something that actually helps both of them get through and graduate successfully,” she said.

Dowdell noted there is a concern among staff about residents returning to a challenging environment. So, upon graduation, the youth receive support through a tracking system where staffers make regular check-in calls after three days, three months, six months and a year. A tele-health network is also

available to the graduates.

Role-playing also helps re-integration, Dowdell said. She added that the residents are taught to anticipate the same kind of challenges they faced before and how to handle them with a different approach.

“They return as a changed person, but everybody else around them will be doing the same things,” she said. “We tell them to stay connected to their support system and manage their emotions; how to be true to yourself while being respectful to others. We prepare them for what life is going to look like when they leave.”

She mentioned one particular youngster who entered the program with a defiant attitude and dealing with depression, anxiety and post-traumatic stress. She knuckled down academically and caught up to her class grade. After

graduation, she returned to juvenile detention for seven months. But in the end, she straightened out her life by applying the things she learned at the center.

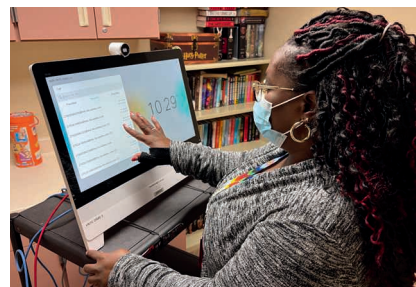
“She struggled with treatment, but she sent us a letter thanking us for what the program did for her,” Dowdell said. “She said she was grateful for giving her the skills to manage the difficult predicament she was going through. She changed her mentality and grew and matured and became a new person.”

Dowdell stressed that parents can play a key role in helping their children navigate through rehabilitation or prevent them from becoming a candidate in the first place.

“Listen to your children,” she emphasized. “They are saying something to you, but often they don’t feel like they’re being heard. Before you shut that door, listen to what they’re saying. You may have to shut the door anyway, but at least take the time to listen to what they have to say.”

Visit [www.ihs.gov/greatplains/healthcarefacilities/greatplainsyrtc/](http://www.ihs.gov/greatplains/healthcarefacilities/greatplainsyrtc/).

Lavon Booth, left, and Charita Dowdell, work to provide students the skills they need to change the direction of their lives.





LeRoy Iedema, Richard Ringling and Duane Strand crank out nearly 60,000 toy cars each year from their 12x10-foot workshop in Platte.  
Photo by Billy Gibson

## Duane Strand gets lots of 'smileage' out of making toy cars for children

**Billy Gibson**

editor@sdra.coop

Frustrated moms across the ages have been searching for a surefire method for getting an unruly child to simmer down.

Duane Strand is pretty sure he's found a failsafe solution: toy cars.

Several years ago, Strand began building tiny wooden cars in his nondescript backyard shed in Platte. He recalls visiting Pierre one evening and having dinner at a local restaurant when a young boy suddenly started pitching a fit and hollering at the top of his lungs.

Strand just happened to have one of the cars in his pocket. He reached out and handed it to the child and was rather amazed at the result. Not only did the whining stop forthwith, but that boy's frown turned upside down as the

kid started beaming from ear to ear.

"He quit yelling right then and there. His whole attitude changed," Strand recalls. "These cars really have a soothing effect on the kids."

That's the impact Strand is shooting for as he and his three-man team of retirees crank out nearly 60,000 toy cars each year. They're looking to squeeze all the "smileage" they can get out of the toy cars they build.

The main construction crew includes retired farmer Richard Ringling and retired mechanic LeRoy Iedema. Ringling usually works the drill press to create holes in the wood where the axles will go. Then Iedema follows up by pressing the wheels onto the axles. He came up with a way to make sure the wheels roll straight and stay in place and dares anyone to try and pull off a wheel.

There are others who join in the

process: Justin Kok cuts the wood into manageable blocks; Brett Wynia performs repairs on the drill presses, band saws, sanders, routers and other pieces of equipment when they break down; and Curtis Versteeg helps to sand down the rough surfaces on the cars.



Toy cars are distributed by military personnel serving overseas.

And just down the road from the shop is the Platte Lumber Yard, where many of the material supplies are stored until needed for production. Strand said it was the folks down at the lumber yard who initiated the vital connection with





Dustin Knutson of Boyds Hardwood Gunstock supplies the toy makers with the laminated wood used to create the tiny cars (inset) for worldwide distribution. *Photos by Billy Gibson*

Boys Hardwood Gunstock that keeps the operation humming along.

“Without Boyds we wouldn’t be able to do any of this,” Strand said.

Dustin Knutson, a member of Central Electric Cooperative and part owner of the company that bills itself as the largest after-market gun stock maker in the world, is a Shriner with a heart for community service and said he was all in when Strand approached him about supporting the program by supplying excess wood.

“They’re really easy to work with,” he said, noting that he keeps one of the cars on his desk. “They take whatever they can get and they show up consistently. We started saving off-cut blocks of wood specifically for the cars. The laminated wood works well because it’s colorful and looks good and the kids can pick out their favorite one.”

Strand’s distribution system is a bit scatter shot but he still manages to send them all over the globe. Anyone he knows who is planning a trip gets a supply of cars. Knutson, for instance, takes them with him when he travels for business or pleasure, whether vacationing in Mexico or hunting in Africa.

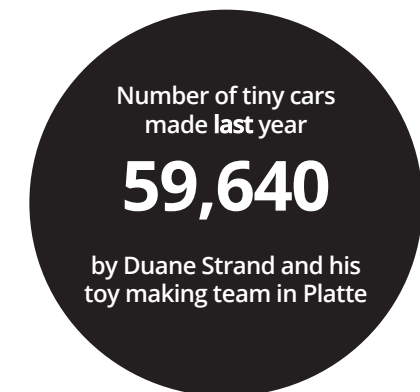
“People in America may think these are just simple toys, but I’ve been in parts of the world where a toy for a kid is a stick and a rock,” Knutson said. “But these little cars give kids something to smile about. Duane and his guys are just beautiful people doing good things for the good of humanity and we’re happy to help them any way we can.”

The toys also ride along in ambulances, military satchels and police vehicles in the event a child needs to be calmed. They show up in doctor’s offices, churches and other venues.

The operation is affiliated with a group called Toys for God’s Kids, a non-denominational organization based in Denver. Strand is the only affiliated “smile maker” in South Dakota.

While the three-man crew claims they’re working harder than they used to before retiring, Iedema assigns a greater value to his toil beyond the opportunity to put a smile on a kid’s face. He said his heart doctor has informed him that he’s in better shape than before he started woodworking three years ago. He’s slimmer, more active and feels a lot better.

Strand chips in, “...yeah, and he’s



more ornery than ever, too!”

Collectively, the guys crank out about 250 cars a day scrunched inside the 12 x 10-foot shed. Each unit has to be dipped in linseed oil to protect children from any potential toxicity. The toys are boxed and shipped to their destination at the recipient’s expense.

Strand doesn’t know how much longer he’s going to be able to keep cranking out cars. He’ll reach the age of 90 in a few months and his friend Ringling has a plan: “I told him when he turns 90 we’re going to take him up by the interstate and take a picture underneath the sign that says I-90. Get it?”

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**December 15-18, 2022**  
**Christmas at the Cathedral**  
521 N Duluth Ave.  
Sioux Falls, SD  
605-988-3765

To have your event listed on this page, send complete information, including date, event, place and contact to your local electric cooperative. Include your name, address and daytime telephone number. Information must be submitted at least eight weeks prior to your event. Please call ahead to confirm date, time and location of event.

**NOV. 25**  
**Olde Tyme Christmas Kick-off and Parade**  
Hill City, SD

**NOV. 25**  
**"Light up the Night" Parade and Fireworks**  
Belle Fourche, SD

**NOV. 25-26**  
**Kris Kringle Kraft Fair**  
Hill City, SD

**NOV. 26**  
**Gregory Mid-Winter Fair**  
Gregory Auditorium  
Gregory, SD  
605-830-9778

**DEC. 2-3**  
**Christmas in the Hills**  
Mueller Center  
Hot Springs, SD  
605-745-4140

**DEC. 3**  
**Santa's Thrift Village**  
Minneluzahan Senior Center  
Rapid City, SD  
605-394-1887

**DEC. 3**  
**Tabor's Holiday Light Parade**  
Tabor, SD  
605-660-0274

**DEC. 3**  
**60th Annual Wreath and Centerpiece Sale**  
Central States Fair Grounds,  
Rapid City, SD  
605-343-0710

**DEC. 3**  
**Julefest 2022: Scandinavian Christmas Festival & Bazaar**  
8 a.m.-2p.m.  
Our Savior's Lutheran Church  
Spearfish, SD

**DEC. 4**  
**Sioux Falls Legion Post 15 Pancake Breakfast**  
8:30 a.m.-noon  
1600 W Russell St.  
Sioux Falls, SD

**DEC. 4**  
**Hartford Hometown Christmas**  
Hartford, SD  
[www.hartfordhtc.com](http://www.hartfordhtc.com)

**DEC. 4**  
**Walk Through Bethlehem**  
United Methodist Church  
Webster, SD  
605-345-3747

**DEC. 10**  
**Frontier Christmas**  
Fort Sisseton Historic State Park  
Lake City, SD  
605-448-5474

**DEC. 15-18**  
**Christmas at the Cathedral**  
521 N Duluth Ave.  
Sioux Falls, SD  
605-988-3765

**DEC. 17**  
**Custer Christmas for Kids**  
Custer High School  
Custer, SD  
[custerchristmas4kids@gmail.com](mailto:custerchristmas4kids@gmail.com)

**JAN. 14**  
**Coats for Kids Bowling Tournament**  
Registration Starts at 1 p.m.  
\$80 for a four-person team  
Meadowood Lanes  
Rapid City, SD  
605-393-2081

**Note: Please make sure to call ahead to verify the event is still being held.**